

WHAT ARE YOUR STRENGTHS?

Many skills that you use every day are important skills for many different careers. Underline your skills. Then circle the top 10 underlined skills you most enjoy using.

Communicate

Talk about ideas
Write
Edit
Summarize
Listen
Lead discussions
Teach
Use languages
Ask questions
Make presentations
Debate
Carry on conversations
Entertain
Create art
Use humor

Manage Information

Use the Computer

Organize information
Manage information
Use math
Keep records
Categorize
Use logical thinking
Summarize

Physical

Build
Create art
Invent
Operate equipment
Fix things
Play sports, musical instruments, or dance

Plan and Design

Brainstorm new ideas
Plan
Design
Anticipate problems
Anticipate consequences
Think visually
Create images
Compose
Improvise

Investigate

Do research
Read for information
Interview for information
Analyze ideas
Analyze data
Gather data
Summarize information
Observe
Outline
Form hypotheses
Compare/Calculate
Solve problems

Service to Others

Sensitivity to others
Social skills
Listen
Social activism
Provide care
Work in a group
Coach
Use intuition
Teach

Teamwork

Collaborate with others
Solve problems
Make decisions
Meet deadlines
Motivate
Recruit
Resolve conflicts
Start projects
Organize
Give directions
Assume responsibility
Determine rules
Set priorities
Strategize



YOUR STRENGTHS

Your top 10 skills

Example of how you've used this skill

